



# ESSENTIAL EVENT INFORMATION

## MARATHON MILE



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## When and where will the race be held?

The Standard Chartered Jersey Marathon event will be held on Sunday 1 October 2023. The start and finish are at Weighbridge Place in St Helier. The Marathon Mile uses the same start and finish line as the Marathon and the Relay Race.

The **Marathon Mile starts at 10.00hrs.** (Marathon starts at 09:00 and the Relay Race at 09:30)

## Where is the Marathon Village?

The Marathon Village is located at Weighbridge Place, St. Helier. Please see a map on the following link: <https://www.google.co.uk/maps/search/weighbridge+jersey/@49.182403,-2.1090998,18z>

## Where do I collect my race pack?

Please note that we do not post race packs to runners, runners must collect their race packs from Registration, which is located in the Marathon Village. Registration is open at the following times:

Thursday 28 <sup>th</sup> September	10:00-16:00
Friday 29 <sup>th</sup> September	10:00-16:00
Saturday 30 <sup>th</sup> September	10:00-16:00 (extended hours for Overseas Competitors only until 18:00)

## Where do I report to on the day?

Please arrive at the Marathon Village at Weighbridge Place. Look out for marshals carrying signs marked up 'Marathon Mile' – they will be located near the Information Tent and will be responsible for escorting the runners to the start of the race.

## What time should I arrive?

All runners in the Marathon Mile need to be at the Weighbridge Place by the latest 09:30hrs. There will be a children's warm up session at Liberation Square at 09:40 – 09:50 and we would like to see as many runners there as possible. Remember the roads in St Helier will be closed from 09:00hrs for the Marathon and Relay Race and if driving into town you should plan to arrive in good time to find parking as it will be a busy morning.

## Where does the route go?

A special **one** lap course around the streets of St Helier is designed just for the Marathon Mile and the race is both a good competition and a fun way to take part in the day.



## Where does the race number go?

You must pin your race number on the front of your race top. Safety pins will be available when you collect your race pack. Please don't swap your race numbers around as your timing chip is registered to your number/name.

## How are times recorded?

Times will be recorded in two ways – Gun Time and Chip Time.

- The Gun Time is the time from the sound of the starter's signal to the time when the runner crosses the finish line. Also known as the Official Time.
- The Chip Time is the time from when the runner crosses the starting mats at the start line, to the time when the runner crosses the finishing mats.

These two times will vary.



## Where is my timing chip?

Your timing chip will be in your race bib.  
Please see the images on the right of the front and back of the bibs. The Chip is embedded into the bib.



Please complete all details below in BLOCK CAPITALS using a ball point pen. Underlined text is not acceptable. Only the registered participant should wear this bib number. The swapping of numbers is prohibited.

**IMPORTANT RUNNER INFORMATION**  
In case of Medical Emergency

Surname: \_\_\_\_\_ Forename: \_\_\_\_\_  
Address: \_\_\_\_\_

**IMPORTANT TIPS FOR GUARANTEED TIMING**

DO NOT  
• Cover the chip number in any way  
• Use tape to hold the bib on  
• Wear the bib on your chest  
• Cover the chip number in any way

DO NOT  
• Wear the bib on your back  
• Use tape to hold the bib on  
• Cover the chip number in any way

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Name of Emergency Contact: \_\_\_\_\_  
Their Home Phone: \_\_\_\_\_ Their Mobile Phone: \_\_\_\_\_  
Is anyone with you at this event? Yes ☐ No ☐  
Their Name: \_\_\_\_\_ Their Mobile Phone: \_\_\_\_\_  
Please list any medical conditions/allergies/current medication details: \_\_\_\_\_  
If you have any medical conditions or allergies please mark a large cross in RED on the front of this bib number

## How are winners determined?

Gun time is the Official Time and all awards are based on Gun Time.

This is based on the International Associations of Athletics Federations (IAAF) Road Race Handbook, an excerpt explains the decision: "For road races and road walking events, the official time will be the time elapsed between the start gun and the athlete reaching the finish line. However, if an athlete crosses the start line after the start gun, his time elapsed between the start and finish line can be made known to the athlete but will not be considered as official time. The order in which athletes reach the finish line will be considered as the official finish position."

## Will my time be on the official Jersey Marathon website?

Yes. Chip times will be published on the website within 48hrs of the race.

## Can I run with my headphones/earphones in?

Headphones/earphones that sit in or over the ear remain against the rules of UK Athletics and therefore are not allowed on the Jersey Marathon Mile course. This is for your safety, as the race is not on entirely closed roads. If you are listening to music you may not hear traffic or the instructions of the Police and Race Officials. This is clearly stated in the Official Race Rules and you may face disqualification if you do wear such equipment, as this is not covered in the event insurance policy. Police and marshals are instructed to remind you to remove any headphones, so please respect their actions. Any reported mistreatment of marshals from runners will likely lead to disqualification.

UK Athletics recent update on rule number 240 S5 – Headphones that work by conduction sound through bones and do not sit in the ears are acceptable. Hearing is not affected as the ears are not blocked, based on this rule updates the Jersey Marathon will permit bone conducting headphones.

## Can I rollerblade or cycle during the race?

No. No wheeled transport is allowed on the course. The Official Race Rules outline the details of what is permitted.

## Can my friends follow me on their bikes?

No. This is against UK athletics rules and therefore runners who are being followed by friends on bikes could face disqualification from the race.



## Can I bring along my dog to run with me?

Pets are not allowed on the course.

## Will there be medical assistance?

Yes. St John's Ambulance are supporting the event and will have two ambulances and a paramedic around the course. There will also be a static First aid post at Les Quennevais and Finish line. There is also a Doctor on the finish line.

## Will there be water available after the race?

Yes. There will be water for you at the finish line. Please also bring your reusable bottle as there will be Jersey Water container onsite.

## What are the race categories for prizes?

Prizes and certificates will be awarded for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> male and female runners in the following age categories:

- 6 – 8 years
- 9 – 12 years
- 13 – 15 years
- 16 + years

## Prize Money

- Fastest Female – Under 12 Years: £85.00
- Fastest Male – Under 12 Years: £85.00
- Fastest Female – Under 16 Years: £85.00
- Fastest Male – Under 16 Years: £85.00

## Other awards and prizes

- There is the **Betty McGough Cup**, which is awarded to the fastest female under the age of 18.

## The School Shield

The School Shield for 2023 to be awarded to the school with the most entries (pro rata).

## The Sports Club Cup

There will be a cup awarded to the local Sports Club with the fastest average time.



## When will the prizes be given out?

Prizes for the Marathon Mile will be awarded at Prize Giving at 15:00hrs. The prize giving will take place in the Marathon Marquee and prizes will be kindly presented by Lee Henry from the Jersey Development Company. The School Shield and Sports Club Cups will be handed out at a later date.

## Where do I leave my bag?

You can leave your bag in bag drop located inside the Marathon Village marquee at the Weighbridge. Please mark the bag clearly with your race number and do not leave any valuables in the bag. The organisers cannot accept any responsibility for bags left in their care. Those bags that are not collected on Race Day will be taken to 3D Events, 1 Waterloo Street, St. Helier, JE2 4WT and will be available for collection from Monday afternoon.

## What parking facilities are available?

All town car parks will be available as normal. It is anticipated that traffic will be busy on the morning of the race, so please leave sufficient time to get into town, parked and to the start of the race.

Please be aware that as the Marathon starts at 09:00hrs and the Relay Race at 09:30hrs that access to town car parks will be severely restricted from 09:00hrs up to approximately 10.15hrs, therefore, we advise you to arrive before 09:00hrs so that you do not miss the start of the Marathon Mile. You can also see the start of the other two races and cheer on the runners.

## When do I receive my finisher medal and t-shirt?

Medals will be awarded on the finish line. You can collect your t-shirt after the race from the Information desk, which is located inside the Marathon Village marquee. Just show your race bib to collect.

## What do I do with my sponsorship money?

Please bring your sponsorship money in the form of a cheque, made payable to 'The Jersey Marathon Trust', with you to Registration when you collect your race pack.

If you are unable to collect your sponsorship money by Race Day, please arrange for a cheque made payable to 'The Jersey Marathon Trust' to be sent to the Race Organizers, Standard Chartered Jersey Marathon, C/O 3D Events, 1 Waterloo Street, St Helier, JE2 4WT.

# Good Luck!