





OFFICIAL RACE RULES

- 1. All runners must always display an official race bib number on the front of themselves.
- 2. Runners in the Marathon must be at least 18 years of age on the day of the race.
- 3. Runners in the Relay Race teams of five must be at least 15 years of age on the day of the race.
- 4. Runners in the Relay Race teams of two must be at least 17 years of age on the day of the race.
- 5. Relay Teams will be made up of five runners each of whom must run only one leg of the Relay Race. Teams must notify organisers before the race and teams with less than 5 will not be eligible to win prizes.
- 6. Relay sections will be of differing lengths and difficulties. It is the responsibility of Relay Team Captains to allocate their team to the sections of the race.
- 7. Runners are not permitted to bring or to use on the course any transport (including but not limited to roller skates, cycles, or baby joggers).
- 8. Runners are not permitted to bring or use MP3 or other similar headphone devices on the course, this is not a Closed Road Race and is for runners own safety, as per our UKA Race License and Insurance. Bone Conductor headphones will be permitted.
- 9. Runners are not permitted to gain an unfair advantage where any personnel are supporting or assisting them from a non-static point, i.e supporters may not run or cycle alongside competitors.
- 10. Runners must obtain written permission from an official should they wish to bring or use any apparatus, item or equipment on the course.
- 11. All entry fees are non-refundable or transferable and the organisers retain the right to refuse entry to anyone declaring false information on their entry form, not making the required payment, or otherwise failing to meet the stated entry requirements.
- 12. All participants take part at their own risk, and a declaration releasing and discharging all claims against and indemnifying the organisers and any party acting on behalf of the organisers must be completed by all entrants.
- 13. There is an official six hour time limit for the Marathon and Relay Race. Before and after this period, the course will not be policed or marshalled. Runners who are on the course before or after the official six hour period do so at their own risk. Times will not be recorded for runners who complete the Marathon or Relay Race after the official six hour time limit.
- 14. Participants must retire from the race if requested to do so by an official and must comply with all decisions of and directions given by an official.
- 15. The event organisers reserve the right to modify, supplement or waive all of the Official Rules. Participants shall be bound by any modifications or supplement of the Official Rules published prior to the Marathon.





- 16. A runner may qualify for the Fastest Jersey Runner race category if they have been:
- (i) Born on the Island of Jersey. Note, a competitor may be considered to have been born on the island of Jersey if their mother was normally resident on the island immediately prior to the birth and returned to the island soon after.
- (ii) Resident on the Island for a period of twelve consecutive months prior to the date of the Marathon.

ALL CATEGORY TERMS AND CONDITIONS

- I. I have read and understood and will abide by the Official Rules
- II. I am participating in the Standard Chartered Jersey Marathon or any event outlined in this application (collectively "the event") entirely at my own risk and responsibility and understand the risks posed by participation which include, but are not limited to, injury, loss or damage caused by exceeding safe physical exertion threshold suitable for each participant, other runners, spectators, volunteers, vehicular traffic, weather and course conditions, equipment, litter and other items:
- III. Declaration for those competing in the Marathon Mile (I declare that the details on this application are correct and that the named runner will only compete in this Marathon Mile on foot. I understand and accept that the runner will take part in this event at his/her own risk and I absolutely relieve the organisers or any person or body involved in the organisation of the event of any responsibility for any injury, loss or damage to the applicant or property which the runner may sustain in the course of or in connection with The Standard Chartered Jersey Marathon Marathon Mile.
- IV. I understand that I am responsible for my own training for the event. I am fit and medically able to participate in the event and have obtained appropriate medical advice and clearance to participate in such a physically demanding event;
- V. I, for myself and my heirs, personal representatives, executors estate and assigns, release and discharge all persons and entities associated directly or indirectly with the event from all claims, demands, costs, expenses and costs, proceedings arising out of my participation in the event and I hereby indemnify them against all



liability (including but not limited to liability for and in respect of all injury, death, loss or damage) arising out of or connected with my participation in the event. For the purpose of this declaration, persons and entities associated with the event include, but are not limited to, event sponsors, political entities, authorities and officials, Standard Chartered Jersey Marathon Committee persons, Jersey Marathon Trustees, officials, marshals, volunteers and the directors, employee agents and representatives of all or any of the aforementioned.

- VI. If I am injured or taken ill or otherwise suffer any detriment whatsoever I hereby irrevocably authorise the event officials and organisers, at my risk and cost, to transport me to a medical facility and/or to administer emergency medical treatment and I waive all claims that might result from such transport and/or treatment or delay or deficiency therein and shall pay or reimburse to you my medical and emergency expenses and I hereby authorise you to incur the same and shall provide to race officials such medical data relating to me as they may request. I agree that nothing herein shall oblige the event officials or organisers or any other person to incur any expenses or to provide any transport or treatment;
- VII. I shall not hold the organisers of this event responsible for loss in transit of my entry form and/or cheque sent along with the entry form.
- VIII. I give permission for my personal information to be processed for the purposes of event administration. (x) Unless I confirm otherwise in writing to the event organisers 3D Events, 1 Waterloo Street, St Helier, Jersey, JE2 4WT, I give permission for my personal information to be processed for the purposes of event administration and further permit my name, quotes and photographic likeness in still photography or video to be used for marketing and promotional purposes.
 - IX. Unless I confirm otherwise in writing to the event organisers at the following address 3D Events, 1 Waterloo Street, St Helier, Jersey, JE2 4WT, I authorise the disclosure of my e-mail address to third parties and agree to receiving information from them for marketing and promotional purposes, e.g. Spartan Athletics Club, kandidprints.com.
 - X. If the rule of law prevents any of the above paragraphs or any part of them from being enforceable then they shall be construed so as to give the maximum possible protection to all persons and entities associated directly or indirectly with the event.
 - XI. Without prejudice to the generality of the foregoing, the release and indemnity in paragraph xi above shall operate to release and indemnify the same persons from any claims arising out of the cancellation or early termination of the whole or any part of any event upon the grounds of safety.
- XII. All entry fees are non-refundable. In the situation where the event is cancelled or postponed, all entries will be transferred to the next event.
- XIII. These terms and conditions of entry are to be governed by and construed in accordance with the laws of Jersey and each participant irrevocably submits to the non-exclusive jurisdiction of the Court of the Island of Jersey.